

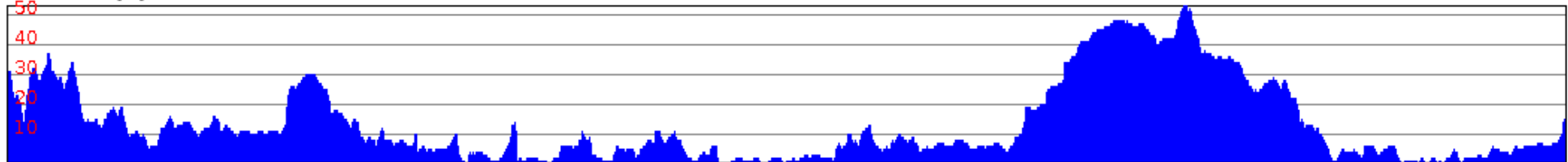
Tappa 01

Lisbona - Alverca do Ribatejo

Alt. Min.: 0m Alt. Max.: 53m

salita 397m discesa 413m

Altitudine (m)



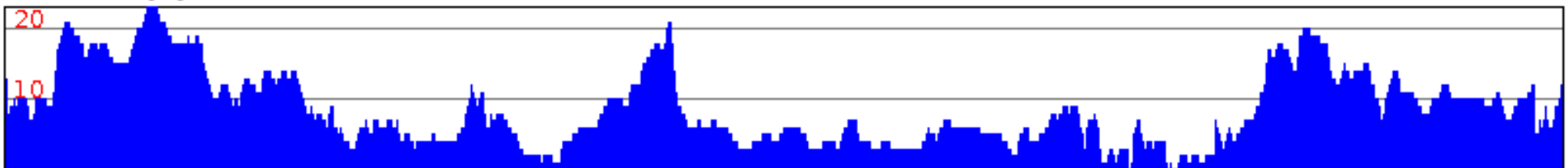
Tappa 02

Alverca do Ribatejo - Azambuja

Alt. Min.: 0m Alt. Max.: 23m

salita 263m discesa 264m

Altitudine (m)



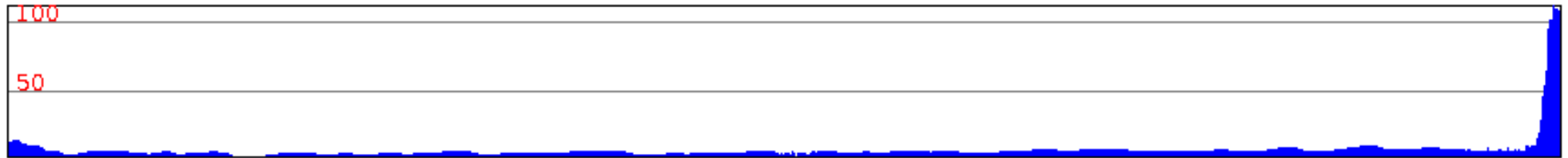
Tappa 03

Azambuja - Santarém

Alt. Min.: 1m Alt. Max.: 111m

salita 178m discesa 82m

Altitudine (m)



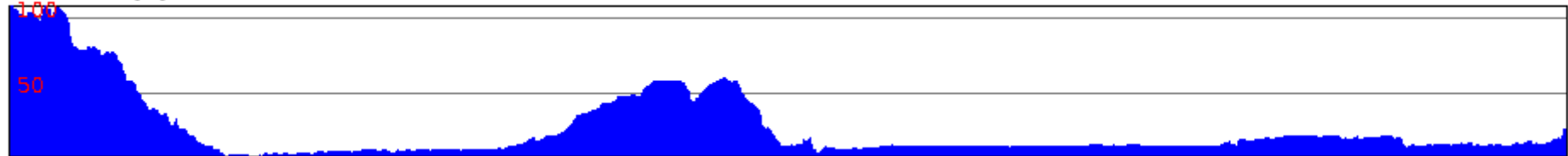
Tappa 04

Santarém - Golegã

Alt. Min.: 6m Alt. Max.: 108m

salita 216m discesa 299m

Altitudine (m)



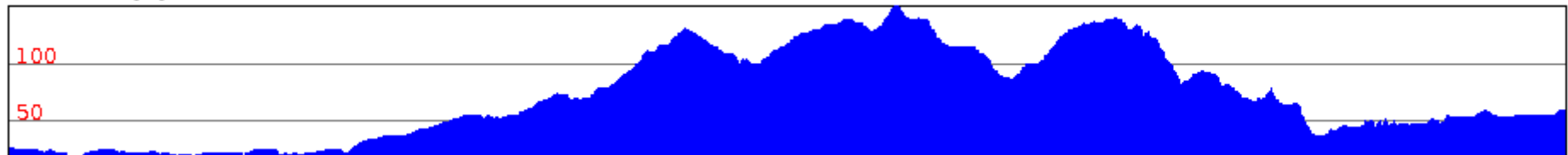
Tappa 05

Golegã - Tomar

Alt. Min.: 18m Alt. Max.: 150m

salita 393m discesa 360m

Altitudine (m)



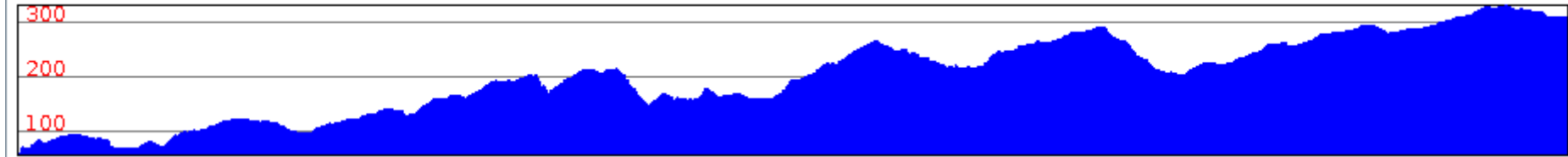
Tappa 06

Tomar - Alvaiázere

Alt. Min.: 53m Alt. Max.: 330m

salita 816m discesa 566m

Altitudine (m)



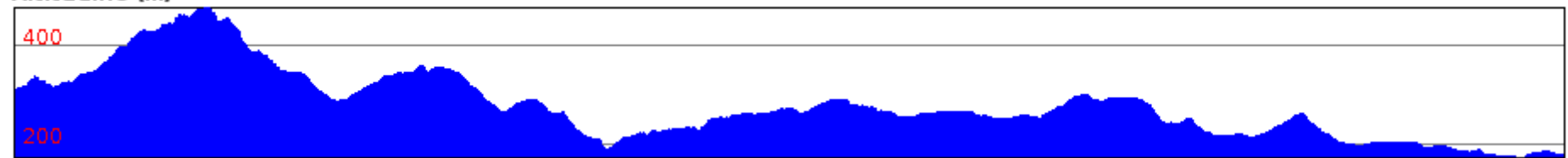
Tappa 07

Alvaiázere - Rabaçal

Alt. Min.: 172m Alt. Max.: 474m

salita 687m discesa 814m

Altitudine (m)



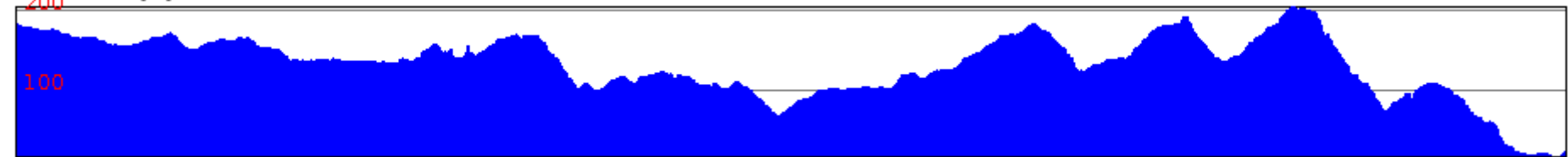
Tappa 08

Rabaçal - Coimbra

Alt. Min.: 18m Alt. Max.: 203m

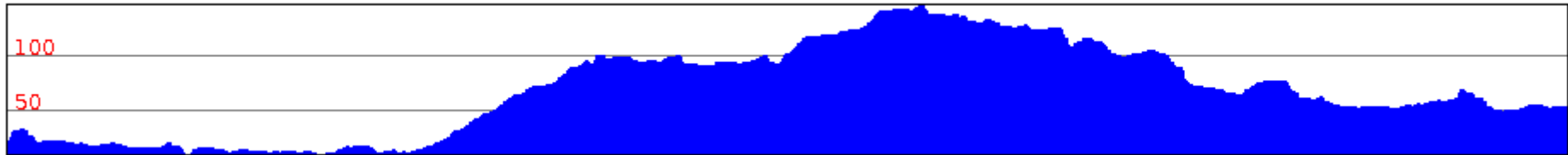
salita 538m discesa 697m

Altitudine (m)



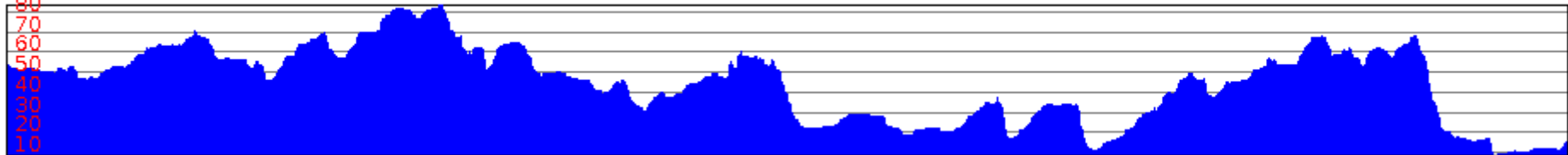
Tappa 09
Coimbra - Mealhada
Alt. Min.: 9m Alt. Max.: 147m
salita 296m discesa 265m

Altitudine (m)



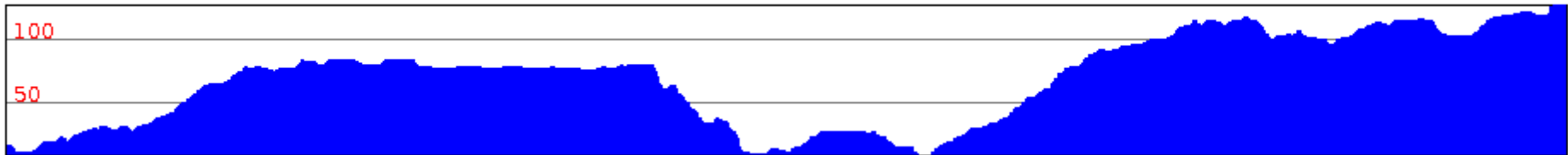
Tappa 10
Mealhada - Águeda
Alt. Min.: 8m Alt. Max.: 83m
salita 335m discesa 374m

Altitudine (m)



Tappa 11
Águeda - Albergaria a Velha
Alt. Min.: 8m Alt. Max.: 127m
salita 310m discesa 200m

Altitudine (m)



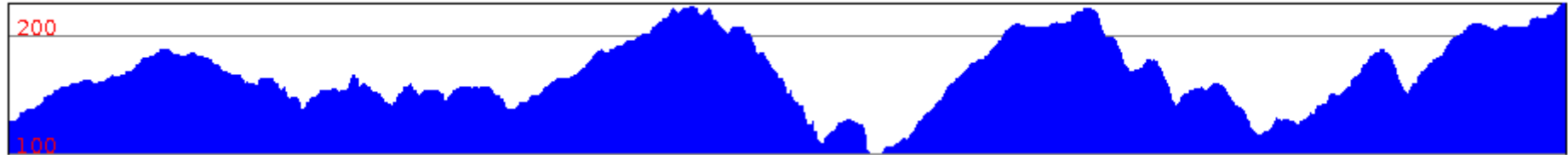
Tappa 12

Albergaria a Velha - João da Madeira

Alt. Min.: 99m Alt. Max.: 227m

salita 636m discesa 536m

Altitudine (m)



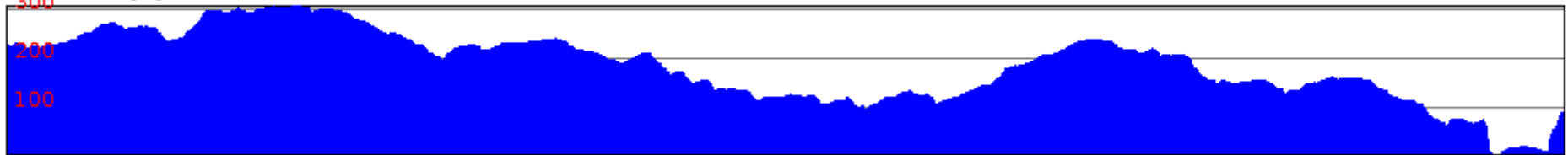
Tappa 13

São João da Madeira - Porto

Alt. Min.: 1m Alt. Max.: 306m

salita 723m discesa 861m

Altitudine (m)



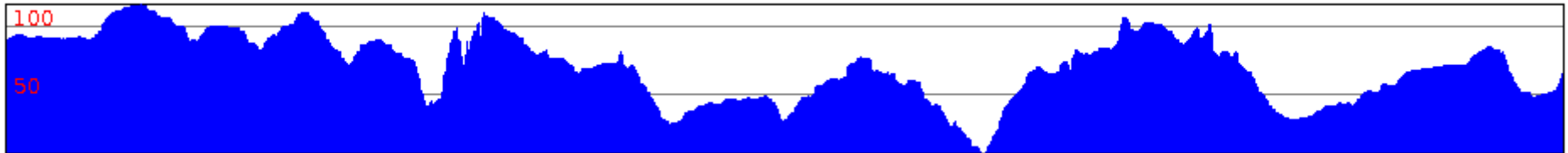
Tappa 14

Porto - São Pedro de Rates

Alt. Min.: 6m Alt. Max.: 116m

salita 567m discesa 591m

Altitudine (m)



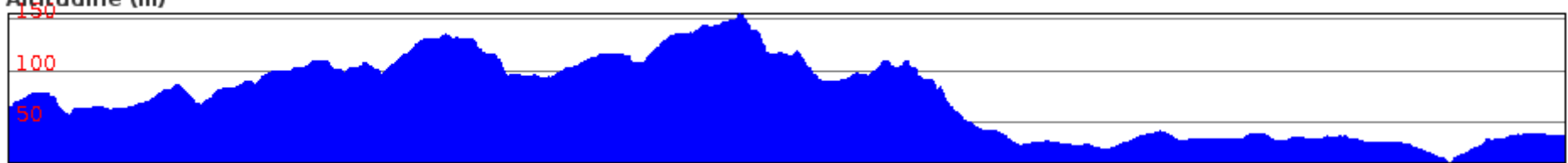
Tappa 15

São Pedro de Rates - Barcelos

Alt. Min.: 11m Alt. Max.: 154m

salita 300m discesa 358m

Altitudine (m)



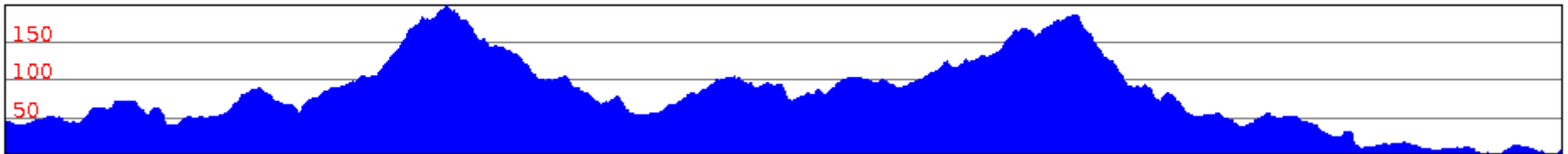
Tappa 16

Barcelos - Ponte de Lima

Alt. Min.: 2m Alt. Max.: 198m

salita 646m discesa 677m

Altitudine (m)



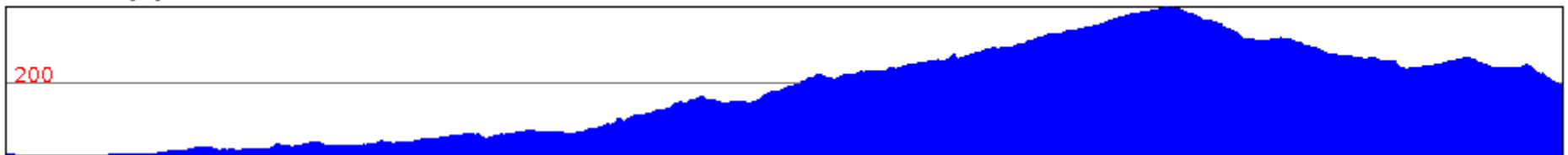
Tappa 17

Ponte de Lima - Rubiães

Alt. Min.: 4m Alt. Max.: 400m

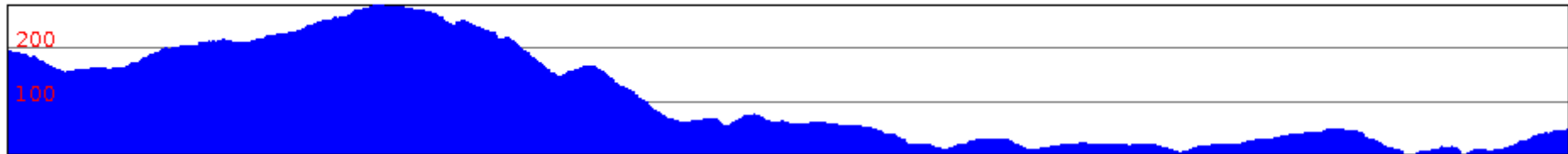
salita 641m discesa 455m

Altitudine (m)



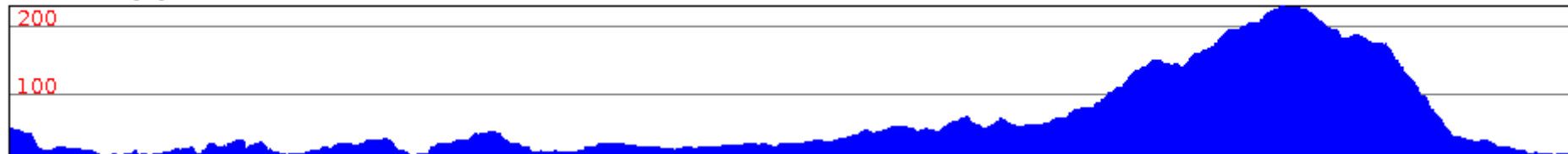
Tappa 18
Rubiães - Tui
Alt. Min.: 3m Alt. Max.: 274m
salita 364m discesa 507m

Altitudine (m)



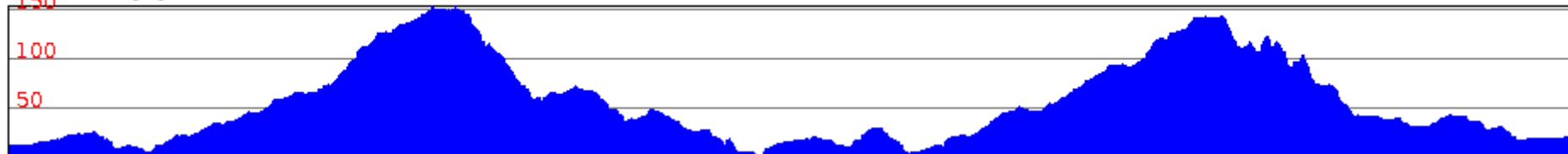
Tappa 19
Tui - Redondela
Alt. Min.: 9m Alt. Max.: 230m
salita 504m discesa 542m

Altitudine (m)



Tappa 20
Redondela - Pontevedra
Alt. Min.: 0m Alt. Max.: 152m
salita 494m discesa 485m

Altitudine (m)



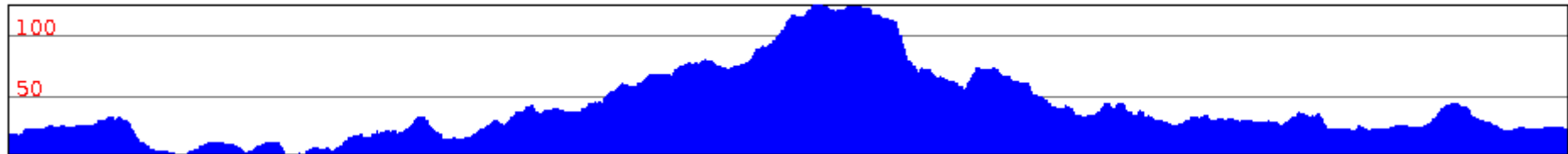
Tappa 21

Pontevedra - Caldas de Reis

Alt. Min.: 2m Alt. Max.: 125m

salita 358m discesa 353m

Altitudine (m)



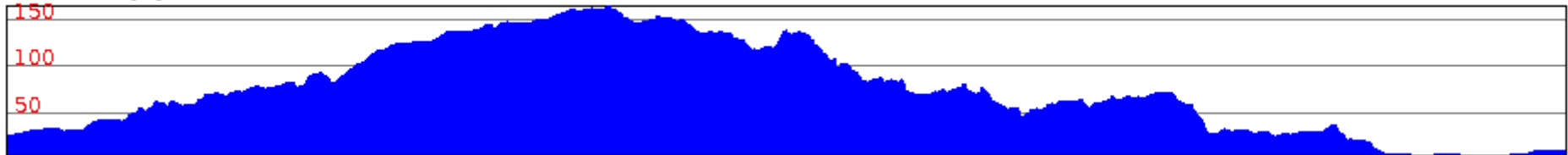
Tappa 22

Caldas de Reis - Padrón

Alt. Min.: 3m Alt. Max.: 164m

salita 376m discesa 391m

Altitudine (m)



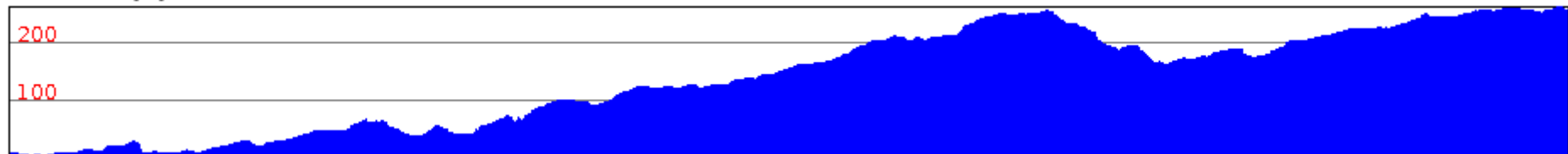
Tappa 23

Padrón - Santiago de Compostela

Alt. Min.: 4m Alt. Max.: 258m

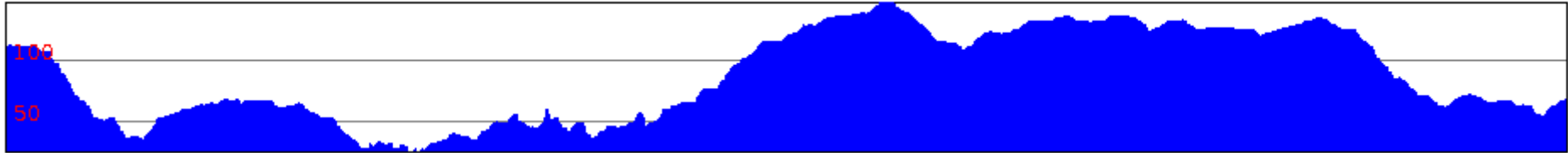
salita 583m discesa 339m

Altitudine (m)



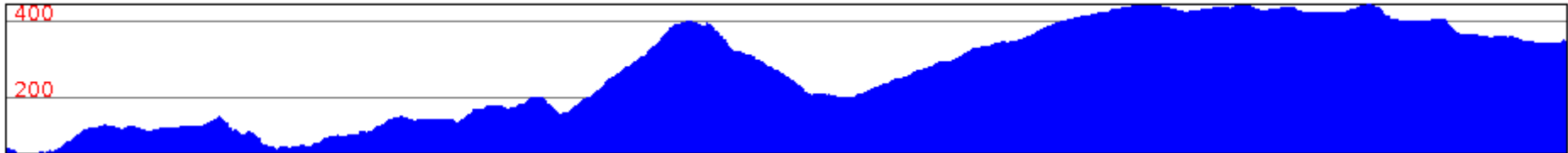
Variante per Fatima 01
Santarém - Arneiro das Milhariças
Alt. Min.: 24m Alt. Max.: 147m
salita 362m discesa 403m

Altitudine (m)



Variante per Fatima 02
Arneiro das Milhariças - Fatima
Alt. Min.: 52m Alt. Max.: 443m
salita 987m discesa 707m

Altitudine (m)



Variante per Fatima 03
Fatima - Tomar
Alt. Min.: 59m Alt. Max.: 358m
salita 366m discesa 654m

Altitudine (m)

